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Association Between the Tips From Former Smokers Campaign and Smoking Cessation Among Adults, United States, 2012-2018

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CDC?s Office on Smoking and Health released a tobacco-related research brief yesterday in the journal, *Preventing Chronic Disease (PCD)*, titled ?Association Between the *Tips From Former Smokers*® Campaign and Smoking Cessation Among Adults, United States, 2012-2018.?

CDC launched the *Tips From Former Smokers®* (*Tips®*) campaign in March 2012? the first federally funded anti-smoking ad campaign. This campaign profiles real people who are living with serious long-term health effects caused by smoking and secondhand smoke exposure. CDC analyzed data from a nationally representative longitudinal survey of U.S. adults who smoked cigarettes during 2012-2018, in order to assess the impact of the campaign on quit attempts and sustained-quits.

Among other findings, the article reveals that during 2012-2018, the Tips campaign was associated with an estimated 1 million sustained quits and 16.4 million quit attempts among U.S. adults.

The brief is available online at: https://www.cdc.gov/pcd/issues/2020/20_0052.htm [1].

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[1] https://urldefense.proofpoint.com/v2/url?u=https-3A__www.cdc.gov_pcd_issues_2020_20-5F0052.htm&d=DwMGaQ&c=iORugZls2LlYyCAZRB3XLg&r=TRc31OIAAW0nltikBYr6L5KYGTbQVHcByw9oU&m=F2nh2V-

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